

Discovering Light

By Julia Griffin

Cynthia Rose Young Schlosser's paintings stimulate the soul, whether through beauty, light or symbolic aspects. Her paintings are a synthesis of spiritual impressions depicted through iconic images of the soul. Like the impressionists, her perception of light is an essential visual component of her work. The artist creates an illusion of movement through unusual visual angles, enlivening the mystical symbols of enlightenment in the paintings. Just as the sun pours light on the world, we, too, she reminds us, are nourished by intense beauty and light.

When viewing her paintings a central force of light penetrates the eye with scintillating color, glazing the subject matter with intensely radiant, sensual pastel color. We see through the center point, every object in the painting as touched by cascading light that flows in waves of oscillating energy.

In her oil paintings, Cynthia gathers light in waves, in the shape of clouds, in landscapes, and in geometric expression that pour outwardly from the center. Similar to the underlying patterns found in the Hindu Yantra, the painting's center always represents the One Light of All. This underlying mandala motif, with its radiating spokes, serves to integrate the viewer's psyche and promote a powerful, healing experience.

In yantra, a form of yoga that is thousands of years old, there is a dynamic force that increases proportionally with the radiating geometry of the painting. This divine geometry informs the optic nerve of the eye, the only exposed nerve in the body, to stimulate the pineal, pituitary and hypothalamus glands to evoke a state of higher consciousness through the release of neuropeptides in the bloodstream. The observer can simply glance at a painting and receive the energetic benefits of the imagery.

Cynthia stimulates the optic nerve through figures, symbols, colors, frequencies, or patterns. Using primordial symbols of transcendence, which represent different aspects of consciousness, the artist summons the abstract, symbolic elements to transmit their inherent power.

Geometric patterns cue the psyche to attune to its higher frequency. Each quadrant in her paintings epitomizes a portion of the psyche for integration and personal healing, which is consistent with ancient teaching of divine geometry. The top right quadrant represents the state of pure being or one's connection with omnipresence. Colors or patterns in the top left quadrant represent the realm of deep inner thought. The right bottom quadrant reflects the astral plane of

emotion. The bottom left quadrant mirrors the physical body and outer world. The placement of symbols is part of the synergy of a painting. For example, a phoenix painted in the bottom left quadrant can bring about transformation and rebirth on the physical level. The same symbol in the right bottom quadrant symbolizes transformation on an emotional level.

Cynthia also paints in the language of fractals. Their mathematical elegance shapes the matrixes of her mandalas; their symbolic nature is a tool for meditation opening sacred space and creating a doorway for enlightenment, integration and balance for the viewer. Her sacred paintings are literally an intuitive, spiritual reading of an individual in which the colors, symbols and pattern are attuned to his or her individual psyche.

Spiritual paintings are like revolving doors, with the energy traveling both ways. Outwardly the paintings transmit their energy into the field of the observer and inwardly the paintings transmit their internal, universal symbolic energy back to the viewer. They are inter-dimensional doorways, translating energy from higher realms, so that the energy of the field around the painting itself increases through the passage of time.

Additionally they are to be viewed as mandalas – sacred feeling devices. As centering devices for harnessing divine energy, they are conduits of cosmic truth. They are portals to the most exquisite and pure domains of Divine Spirit and Soul.

“The light is a Universal symbol of God,” explains Cynthia, “because we are all God, and everything is God, the light must go in the center. Not everyone has time or skill to paint, so I create a mandala for them, based on deep, reflective meditation. I perceive the colors and the images, and then I paint it. Many of the paintings have geometry and reference to the Oversoul; many have reference to nature. All of my paintings are channeled; each of them is created for someone.”

Eternity is ever present in Cynthia's paintings. Each painting is the creative resolution of a person's psyche as dreamed through Cynthia's intuitive connection. Ultimately, the intent of her sacred paintings is to assist people through the experience of their own mystical connection with the All. Her body of work is a sacred expression, a mastery of her gift: the expression of permutations of light, shape and movement that are reflections of a Divine presence. These paintings illuminate aspects of the world as perceived through her soul.